



Master Ray Gayle VII Degree

Professional Unification of Martial Arts (P.U.M.A.)

Dear Instructor,

P.U.M.A. SOUTHERN CHAMPIONSHIPS 2012

Please find enclosed the details for the P.U.M.A. Southern Championships to be held on Sunday 12th February 2012 at;
Plymouth Kitto Centre, Honicknowle Lane, Plymouth, PL5 3NG

The schedule will be as follows:

10.00 am	Doors open
10.30 am	Little PUMAs high kick & competition drill
11:30 am	All other junior events & divisions
12.30 am	All adult coloured belt divisions
13:30 pm	All black belt divisions

All officials please report to the top table at 9:30 am.

Competition Entry Fee

Adult/Junior:	One event £15, each event thereafter £5.
Little P.U.M.A.:	£13.00 per competitor for all events. (High Kick, Competition Drill, Fast Draw)
Spectators:	£5.00

Sparring

Point stop for grades up to and including 5th kup (Blue Stripe).
Continuous sparring for 4th kup (Blue Belt) and above.
Cadets are aged 16 to 18 years old.
Veterans are aged over 40yrs

Sparring Divisions

Male Coloured Belt Divisions

Yellow and Green Belts - Blue and Red Belts	
Lightweight	up to and including 64kgs
Welterweight	over 64kgs up to and including 72kgs
Middleweight	over 72kgs up to and including 80kgs
Heavyweight	over 80kgs

Male Black Belt Divisions

Flyweight	up to & inc. 58kg
Lightweight	over 58kg to & inc. 64kg
Welterweight	over 64kg to & inc. 70kg
Middleweight	over 70kg to & inc. 76kg
Lighthheavy	over 76kg to & inc. 80kg
Heavyweight	over 80kg

All Female Divisions

Yellow and Green Belts - Blue and Red Belts – Black Belts	
Flyweight	up to & inc. 57kgs
Lightweight	over 57kgs up to and inc. 63kgs
Middleweight	Over 63kgs up to and inc. 70kgs
Heavyweight	Over 70kgs

Junior Divisions

Yellow and Green Belts - Blue and Red Belts – Black Belts	
Pee Wee	up to and including 4' 6"
Lightweight	over 4' 6" up to and including 5'
Middleweight	over 5' up to and including 5' 6"
Heavyweight	over 5' 6"

Bully Bob

Purple, Orange and Yellow stripe juniors aged 10yrs and under can compete in 'Bully Bob' Sparring. The following equipment is compulsory: Headguard, Feetguards, Gloves and Elbow Guards.

Destruction

Male Divisions – Board

Blue Belts	Hand Technique Foot Technique	Knife hand strike Standing side kick
Red Belts	Hand Technique Foot Technique	Knife hand strike Any standing kick
Black Belts	Hand Technique Foot Technique	Any hand excluding elbow Jumping side kick from standing position

Female Divisions – Board

Blue and Red Belts	Hand Technique Foot Technique	Any hand technique including elbow Any standing kick
Black Belts	Hand Technique Foot Technique	Any hand technique including elbow Any jumping or flying kick

Please note: Students are allowed to compete in more than one destruction event. An additional fee is required for each separate destruction category.

Bo/Jang Bong

Two competitors will compete at the same time; the successful competitor will progress through to the next round.

Junior Division

Black Belt Boys and Girls, any choice of Bo forms 1, 2 or 3.

Adult Division

Same as Juniors.

Junior High Kick

Little P.U.M.A.s	Black belt juniors are not allowed to compete in high kick.
Pee Wee	in their own division; height decided on the day
Lightweight	up to and including 4' 6"
Middleweight	over 4' 6" up to and including 5'
Heavyweight	over 5' up to and including 5' 6"
	over 5' 6"

Patterns Divisions

Little P.U.M.A.s	Perform the Little P.U.M.A. competition pattern.
PUMA 1, 2, 9 th kup	Sajo Makgi/Jirugi or Chon Ji
8 th and 7 th kup	Chon Ji or Dan Gun
6 th and 5 th kup	Do San or Won Hyo
4 th and 3 rd kup	Yul Gok or Joong Gun
2 nd and 1 st kup	Toi Gye or Hwa Rang
1 st Dan and above	Must perform a pattern of their grade

Please note: In the final of the Black Belt patterns there will be one optional pattern and one designated pattern.

Master R Gayle
Chairman
P.U.M.A.